

## VIDEO GROUP CLINICS (VGC) TRAINING PROGRAMME

## Why implement VGCs?

By implementing VGC you will be combining group consultation and video clinics, which aims to build a sense of community and facilitate peer support, while enabling health and care teams to stay connected in supporting patients, their families, and carers, who are in need of regular reviews. Use VGCs to help you manage your current workload and regain control.

#### Who can attend?

Members of your team involved in implementing, organising and delivering VGCs including GPs, nurses, practice manager, administrative staff, community partners, healthcare assistants, social prescribers, health and wellbeing coaches, physicians' associates, care co-ordinators and clinical pharmacists.

#### What will your team learn?

- > What VGCs are and how they flow?
- > How to use MS Teams of similar platforms to set up and run VGC's
- > How to manage risk e.g. gain consent and preserve confidentiality
- Best VGC practice and how to plan for success
- How to facilitate VGCs
- How to use the VGC toolkit
- How to manage group dynamics

#### **Learning Outcomes**

After attending the two and a half hour training session, learners will have:

- > Understood what VGC are and how they flow
- > Understood how to use MS teams or similar to set up and run Video Group clinics
- Got answers to concerns



- Understood best practice in relation to the 6 critical success factors for VGCs and planned to address them
- > Understood the role a good facilitator play
- > Understood their VGC toolkit
- > Learnt helpful strategies to manage group dynamics
- > Set a date for first, second and third VGC (within 7 days)
- > Gained confidence about getting started.

#### **About the trainers**

This training session will be delivered by two local NCL clinicians who have been specially trained as facilitators.

- > Dr Saloni Kapoor General Practitioner (Barnet)
- > Femeeda Padhani Clinical Pharmacists, Barnet Primary Care Training Hub
- > Supported by Helen Longstaff, Associate Trainer and Programme Manager with ELC

# Sign up for VGC training and find out how it can help you catch up with chronic disease management.

To sign up please click on this link:

### **VGC Training booking link**

## Wednesday 12<sup>th</sup> October 2022 - 14.00 - 16.30 Wednesday 7th December 2022 - 14.30 - 17.00

Please note more dates will be added! To find out more please contact: Carylon Matthews: carolynmatthews@nhs.net