



# LTC Asthma Training

## AIM:

With a focus on Tier 2 Tier 3 CYP Children and Young People's Asthma aligned with the Tier 2, Tier 3 national asthma standards.

**Tier 2 is AM only.**

**Tier 3 is AM and PM - attendance at both sessions is needed to be provided with a Tier 3 certificate of attendance.**

**Those attending a Tier 3 session must have attended a Tier 2 session beforehand.**

## **Tier 2 - Supporting use of prescribed care – AM SESSION**

**Basic review, ensure correct use of devices, managing acute asthma attack.**

How to use an inhaler and spacer and how to care for it • How to use and teach the use of a peak flow meter • How to use and teach the use of a spacer and inhaler to treat an acute asthma attack and knowledge to signpost to reputable digital platforms to reinforce the teaching • Ability to create, review and communicate an asthma action plan • Ability to create and communicate a post-attack discharge plan and undertake a post attack 48-hour review • Ability to carry out and communicate an annual review

**Suggested profession:** Pharmacists, Practice Nurses, Nursing Associates, Paramedics, Physicians Associates.

## **Tier 3- Assessment and prescribing of asthma care – PM SESSION**

**Diagnosing asthma, reviewing asthma, stepping treatment up and down, managing acute asthma attack and post attack review**

How to use an inhaler and spacer and how to care for it • How to use and teach the use of a peak flow meter • How to use and teach the use of a spacer and inhaler to treat an acute asthma attack and knowledge to signpost to reputable digital platforms to reinforce the teaching • Appropriate focused clinical examination to determine diagnosis and assess for severity of acute exacerbation including pulse, chest examination, PEFR and oxygen saturations • Ability to interpret diagnostic investigations of PEFR, spirometry and FENO and apply these to further management • Ability to create, review and communicate an asthma action plan • Ability to create and communicate a post-attack discharge plan

and undertake a post attack 48-hour review • Ability to carry out and communicate an annual review • Ability to use audit tools to identify the most 'at risk' patients

**Suggested profession:** Pharmacists, Practice Nurses, Ambulance staff, Physicians Associates, GPs

Due to limited availability, initial preference will be given to clinical staff working in Barnet GP Practices. There will be further NCL CYP asthma wide training dates to follow.

**DATES:**

**You can attend one of the following dates:**

Tuesday 25<sup>th</sup> June – 9am to 4pm

Tuesday 9<sup>th</sup> July – 9am to 4pm

Thursday 26<sup>th</sup> September – 9am to 4pm

Click on the [LINK TO BOOK YOUR PLACE:](#)

**VENUE:**

Hartley Hall

1 Flower Lane

London

NW7 2JA

**Resource pack link:**

<https://www.england.nhs.uk/wp-content/uploads/2021/09/National-bundle-of-care-for-children-and-young-people-with-asthma-resource-pack-September-2021.pdf>